# AFFICHAGE DES ALLERGENES PRÉSENTS VOLONTAIREMENT DANS LES MENUS

| | GLUTEN | LAIT | OEUF | POISSON | SOJA | MOLLUSQUES / CRUSTACÉS | SÉSAME | ARACHIDE | MOUTARDE | LUPIN | CELERI | FRUITS A COQUE | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Vinaigrette | | | | | | | | | X | | | | X |
| Pain | X | | | | | | | | | | | | |
| Fromages et laitages | | X | | | | | | | | | | | |
| **lundi 7 octobre** | | | | | | | | | | | | | |
| Haricots verts en salade | | | | | | | | | | | | | |
| Concombre ciboulette | | | | | | | | | | | | | |
| Salade verte | | | | | | | | | | | | | |
| Bolognaise | x | | | | | | | | | | x | | x |
| Mini farfalles | x | x | x | | | | | | | | | | |
| Carottes au jus | | | | | | | | | | | | | |
| Yaourt nature BIO | | x | | | | | | | | | | | |
| | | x | | | | | | | | | | | |
| Ananas frais | | | | | | | | | | | | | |
| Kiwi | | | | | | | | | | | | | |
| **mardi 8 octobre** | | | | | | | | | | | | | |
| Pizza fromage | x | x | | | | | | | | | x | | |
| | | | | | | | | | | | | | |
| Salade verte | | | | | | | | | | | | | |
| Filet de poisson frais | | | | x | | | | | | | | x | |
| Riz bio | | | | | | | | | | | | | |
| Gratin de brocolis | x | x | | | | | | | | | | | |
| Velouté nature | | x | | | | | | | | | | | |
| Brie au lait cru | | x | | | | | | | | | | | |
| Crêpes au sucre | x | x | x | | | | | | | | | x | |
| | | | | | | | | | | | | | |
| **mercredi 9 octobre** | | | | | | | | | | | | | |
| **jeudi 10 octobre** | | | | | | | | | | | | | |
| Salade paysanne | | x | | | | | | | | | | | |
| Carotte rapées BIO | x | | | | | | | | | | | | |
| Salade verte | | | | | | | | | | | | | |
| Jambon braisé aux herbes | | | | | | | | | | | | | |
| Lentilles du Puy à l'ancienne | | | | | | | | | x | | | | x |
| Choux fleur bio | | | | | | | | | | | | | |
| Yaourt nature BIO | | x | | | | | | | | | | | |
| Carré frais | | x | | | | | | | | | | | |
| Yaourt aromatisé | | x | | | | | | | | | | | |
| Crème dessert vanille | | x | | | | | | | | | | | |
| **vendredi 11 octobre** | | | | | | | | | | | | | |
| Salade de riz au thon | x | | | x | | | | | x | | | | x |
| Salade pépinettes aux crudités | x | x | x | | | | | | | | | x | |
| Salade verte | | | | | | | | | | | | | |
| Cuisse poulet rôti | | | | | | | | | | | | | |
| Gratin dauphinois | x | x | | | | | | | | | | | x |
| Haricots plats d'Espagne | | | | | | | | | | | | | |
| Yaourt nature | | x | | | | | | | | | | | |
| Bleu des dômes | | x | | | | | | | | | | | |
| Tarte au flan | x | x | x | | | | | | | | | | |
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